

# Urology Associates

OF DANBURY, P.C.

## PREPARATIONS

### *CT SCAN/MRI WITH CONTRAST:*

- Drink plenty of fluids the day before the exam. Do not eat or drink 4 hours before the exam. After the exam, drink a glass of fluid every hour times six hours.

### *NON-CONTRAST CT SCAN/MRI:*

- No Preparation.

### *MULTI-PARAMETRIC MRI*

#### *WCHN/Nuvance Imaging Facility*

- MRI of Pelvis: Do not eat for 4 hours before exam. No caffeine 24 hours prior to test. No sexual activity 2 days prior to test. No gassy foods the day before.

**\*\* If your doctor has ordered a BUN and Creatinine, SMA6 or SMA12, please have this done one week before imaging.\*\***

### *ULTRASOUNDS:*

- Pelvis or Bladder Ultrasound: Day of exam: Full bladder is necessary. Empty bladder 2 hours before the exam and then drink 32-36 ounces of water 60 minutes prior to your appointment. **Do not urinate again until exam has been completed.** You need to have a comfortably full bladder for the ultrasound.
- Transvaginal Ultrasound: No preparation. (Not recommended if patient is having a heavy menstrual flow.)
- Renal Ultrasound: Do not eat for 4 hours before exam. If you are having a bladder/pelvic ultrasound, you can drink as above.
- Scrotal Ultrasound: No preparation.

*Children: Ages 3-12 years old, same as above but need drink only 10-20 oz. prior to pelvic or bladder ultrasound. If younger than 3 years old, contact your referring physician or our office for instructions.*

FILE: US-CT-PREP